

About the Trainer and Facilitator:

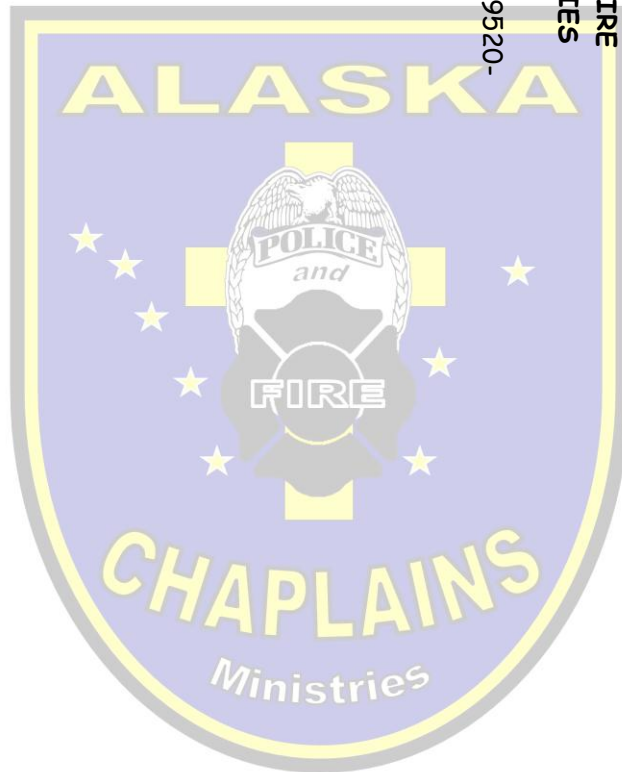
Chaplain Bert McQueen, CMC, MSW is a Certified Master Chaplain with the International Conference of Police Chaplains'. He is a recognized instructor with the ICISF for the **Small Group CISM** and **Individual/Peer Support/Crisis Intervention Strategies** and the **National Guards Trained Crisis Responder** and the **Pastoral Crisis Intervention** courses and the **Advance Group CISM** and the **Suicide: Prevention, Intervention and Postvention**.

Chaplain McQueen is the founder of several programs in Alaska; The Alaska Police and Fire Chaplains' Ministries, that provides Chaplains' services throughout Alaska, The Alaska Police and Fire Chaplains' Association, that promotes standardization and professionalism in law enforcement chaplaincy, the Alaska CISM Teams Network, the Palmer/Wasilla CISM Team and the Anchorage CISM team that provide a complete program for stress management for the Alaska rescue community.

Chaplain McQueen has served as a Police Chaplain in Alaska for nearly thirty years, and is considered one of the leaders in the field of Emergency Services Chaplaincy and Traumatology in Alaska and has received national recognition for his leadership in Law Enforcement Chaplaincy and from the ICISF organization. LTC (Chaplain) McQueen is the Command Chaplain for the 49th Military Readiness Brigade (SEP), ASDF. / DMVA,



ALASKA POLICE AND FIRE
CHAPLAINS' MINISTRIES
PO BOX 200654
ANCHORAGE, ALASKA 99520-
0654
Address Correction Required



ALASKA POLICE AND FIRE CHAPLAINS' MINISTRIES



Survivors of Suicide Support Group

Held the 1st and 3rd Tuesday's
of each month

From: 7 PM to 9 PM
2221 E. Northern Lights Blvd,
suite 137-Anchorage

SUPPORT GROUP

MEETINGS:

7:00 P.M. - 9:00 P.M.

Survivors of Suicide Support Group Meetings

The support group meetings are designed to support family members and friends of those in our communities that have died by suicide. Often family members and friends have reactions that include, depression, grief, feels of being overwhelmed, abandonment, hurt, sorrow, guilt, anger and many others. There seems to always be one question; "How could my loved one / friend do this?" to him or her self, or to me? After a suicide, it is common to have others consider suicide as their way out of their pain.

Our goal is to help those effected by suicide, come to some kind of relief from the pain; find some level of understanding, and somehow, integrate this loss into their life, and help them gather up the pieces of their life and go on from here. Typically this takes a couple years for some, longer for others, and less for others.

In Alaska our Chaplains Program has been the only organization to offer Survivors of Suicide Support Group meetings. There may be a reason for this. It may be that the reactions displayed by survivors could overwhelm some facilitators. Not everyone is able to facilitate this target group. Some of the qualifiers for facilitating this group should include being trained in group dynamics, acquainted with grief, trained in traumatic stress and Suicide: Postvention, Prevention and Intervention.

Alaska Police Fire Chaplains Ministries GOAL FOR ALASKA:

Alaska Police and Fire Chaplains Ministries' goal is to provide specific training in Suicide: Prevention, Intervention and Postvention. Chaplain McQueen will be providing trainings throughout Alaska in an effort to train community Mental Health Professionals, Rescuers, Hospital workers and other community members, and survivors for volunteering to assist in starting and facilitating new support group meetings.

If you're interested in attending any training or attending our support group meetings, please contact Chaplain McQueen at 907-272-3100 or by email at apcm@apcm.org

We plan to provide training and hopefully start new meetings in the following areas.

Please contact us for more details.

Palmer, Bethel, Barrow, Soldotna, Ketchikan, Fairbanks, Anchorage, Kotzebue, Nome, and Dillingham.



APFCM OFFERS TRAINING:

Registration instruction at
<www.apcm.org>

ICISF COURSES OFFERED BY APFCM INCLUDE

- 1 - Individual - Peer Support
- 2 - Small Group
- 3 - Advance Group
- 4 - Pastoral CISM
- 5 - Suicide: Prevention, Postvention and Intervention
- 6 - Three day combined Individual and Group CISM courses
- 7 - National Guard Model: Trained Crisis Responder (TCR) CISM Course

Check our website www.apcm.org for complete descriptions of these courses OR E-mail Chaplain Bert McQueen

PO BOX 200654
ANCHORAGE, ALASKA 99520-0654
Phone: 907-272-3100
Fax: 907-272-3106
Email: staff@apcm.org